



Lenore Coombes

July 15, 1959 - August 11, 2011

Obituary

August 11, 2011 Lenore "Lynn" Coombes was born on July 15, 1959 to Bob and Roberta (Drake) Delp in Concord, CA. The family relocated back to Vinita in 1962 when Lynn was age 3. After a courageous battle with cancer she was taken to Heaven on June 4, 2010 at age 50. After graduating from Vinita High School in 1977, Lynn married Marty W. Coombes on August 5. Lynn and Marty were blessed with 2 children: Bradley in 1982 who preceeded her in death in 2004; and Rachel, born in 1984 and currently residing in Bernice with her husband Wesley Noblin and their children Jordan Nicole and Brice James. Lynn's career began at Wal-Mart in the Jewelry Dept. where she worked her way up from Christmas help to a District Manager for the Jewelry Division. After nearly 15 years in the retail sector, Lynn made a move to Saint Francis Hospital Human Resources Dept. when the family moved to Broken Arrow. After 9 years as a Employee Benefits Specialist at Saint Francis Hospital Lynn moved to WilTel Communications as an Employee Benefits Analyst until the company sold to Level 3 Communications at which time she gained employment with The Williams Companies as a Benefits Analyst II where she had remained employed. Lynn's hobbies included riding motorcycles with her husband Marty and friends, reading, swimming, "r.v'ing." and spending time with her 2 grandchildren and family. Lynn was preceded in death by her son Bradley Coombes; stepfather Robert E. Hamm; and brother Robert E. Hamm, Jr. Lynn is survived by her loving husband Marty W. Coombes of Broken

Arrow; daughter Rachel Noblin and her husband Wesley of Bernice; grandchildren: Jordan and Brice Noblin of Bernice; daughter-in-law Marlaina Perkins Coombes of Broken Arrow; mother Roberta Hamm of Bernice; father and stepmother: Bob and Letha Delp of Vinita; siblings: Denise Dotson and her husband David of Bernice, Shelli Temple and her husband Mark of Owasso, Larry Hamm and his wife Nadine of Broken Arrow, Carol Ponder and her husband Bill of Claremore, Darry Hawkins and his wife Marsha of Vinita and Jeff Hawkins of Tulsa; father and mother-in-law: J.C. and Roberta Coombes of Vinita; sister-in-law MaryGail Culp and her husband Todd of Vinita; brother-in-law Monty Coombes of Tulsa; God-sons: Jason Landers of Moore and Aaron Landers of Edmond; very special friends: Mandy Stephens and Jody Boudreaux; and many nieces, nephews, cousins, aunts, and friends. Bequests may be directed to the Breast Cancer Assistance Program, P.O. Box 470065, Tulsa, OK 74147, www.bcapfund.org or Cancer Sucks, Inc., P.O. Box 1091, Bixby, OK 74008, 918.695.6671, www.cancersucks.com. Visitation: 4-6PM Sunday, June 6 at the funeral home; service: 10AM Monday, June 7 at First Baptist Church in Vinita; interment: Big Cabin Cemetery in Big Cabin. Kennedy-Amis-Kennard Funeral Service, 918.251.5331. To send flowers to the family or plant a tree in memory of Lenore Coombes, please visit our floral store.

Tribute Wall

SA

“Marty & Family: Our thoughts and prayers are with you. Lynn was such a beautiful person. We had a lot of good times (and plenty of stressful times) at SFH. Lynn's positive and work ethics made things so much easier to deal with the multiple challenges in the Benefits Dept and I was always happy to have her on my side when dealing with employees and management (especially Ken, just kidding) I also enjoyed your visits to our "Below Ground" office..God Bless you and your family and keep telling those grandchildren how wonderful their grandmother was.

Sue and Dave Ahrendt - February 23, 2011 at 11:00 PM

WN

“My wife and I worked Lynn's visitation at KAKFS over the past weekend. Although we only know bits and pieces about Lynn, it was obvious that she was an amazing and courageous lady. We were both deeply touched by the stories we heard about Lynn. It was indeed such an honor for us to be with Lynn's family and friends, even for such a short time. May the Lord continue to keep all of you in His arms during your time of grief. Marty, ride on my brother!

Wendell & Lee Neal - February 23, 2011 at 11:00 PM

SE

“ Though there are many haters on this board, I will say this much. People gnaege in extra-marital affairs for all sorts of reasons. It isn't just sex. It can be a number of factors. As a volunteer in-court mediator, I get my fair share of family cases. At least half the marriages I see going through the court system involved infidelities. Of that half, a little over half of the remainder involved affairs committed by the wives and the rest by the husbands. In some cases both spouses had affairs during the marriage. Of the ones that involved wives that gnaeaged in affairs, most of them complained that they felt unloved or lack of affection, ignored, neglected, used, disrespected or abused by their husbands. In each case, they no longer respected their husbands and had at some point decided to end their marriages. In most of those cases the wives were the filers principally seeking the divorce. So I would have to say its a lack of intimacy, neglect, being used, disrespect, or abuse or a combination thereof. I would not, however, say that its sex exclusively. The extra-marital sex does play a role in the affairs at least at the outset, since a new sexual relationship provides new energy in either mens' or womens' lives. But I would also have to say the sex alone is secondary. Never say never, however, since there was a " " small percentage of women who complained that there was a complete lack of sex in their marriages that drove them to their affairs. But usually that also involves the other factors as well. In a very small number of the cases, the women had affairs because their husbands had affairs. Again, the question is too broad in its literal sense, and too narrow in its application. Therefore, I would have to conclude based on personal experience that lack of sex in the marriage alone is usually insufficient to spark an affair. Other larger factors come into play; however, that said in a small percentage lack of sex would be the motivating factor.

Seyfettin - February 23, 2011 at 11:00 PM

CO

“Men and women cheat for the same reason they are selfish and think ONLY of themselves. The cheater wants fun, excitement without commitment or problems that may arise. The cheater likes the excitement and often it is like hunting prey. The hunting makes them excited and once they get their prey the cheater has a false sense of security. The cheater feels indispensable, like if he/she are on the top of the world. The cheater is having their cake and eating it too. The cheater sneaks around and is very mysterious which is fun and then the act of sex is better than ever because it is WRONG. It could be horrible, but to the cheater it is wonderful because it is wrong. The cheater knows he/she is wrong and begins to develop reasons why he/she is having an affair they must justify it to themselves. So, the scapegoat is of course the spouse. And the reasons are generic not enough sex, didn't pay attention to me, he/she gained weight, he/she makes me feel bad about myself, he/she is always complaining, or he/she is never home. The justification of the affair allows the cheater to feel they are in some way right. Cheaters are selfish people who only think of themselves and are unable to love anyone but themselves. Cheaters are insecure people who need constant validation that they are attractive, needed, and wanted by others. Cheaters are immature and incapable of having a committed relationship. Cheaters do not stop. You can change the wife/husband but the behavior will continue at some point. Because the problem is the cheater!

Constanza - February 23, 2011 at 11:00 PM

NA

“ I have a friend who was married for 17 years. She and her husband had 2 children and after the 2nd child he had no interest in communication or sex. She is a good looking and smart woman and she stayed in the marriage for 11 years without sex. One day she reconnected with an old friend and things happened. The woman was starving for affection. I can tell you right now that this wasn't her fault..she didn't cheat..she was cheated out of emotional and physical love by this man she was " " " " married to. He kept her around for his own selfish reasons and she stayed trying to keep the family together until she discovered that she could be happy again. Yes..she started a relationship with another man and came clean with her husband shortly after the affair started. I might add that she is happily devoted to her new guy.

Nasarena - February 23, 2011 at 11:00 PM